

P. C. A.  
**S+NSHINE  
PRE+SCHOOL**

**Princeton Christian Academy**  
21890 US Hwy 34  
Princeton IL 61356  
815-875-2933

**[princetonchristianacademy/sonshine](http://princetonchristianacademy.com/sonshine)**



**Philosophy**

SonShine Preschool offers an age appropriate program designed to help children develop a positive self-image and positive attitude as well as grow emotionally, socially, spiritually and physically.

The process of learning comes about through self-directed and group activities that will enhance each child's development in all areas.

Your child's education and welfare are important to us. Please feel free to visit or call anytime.

**Arrival**

Arrival time is from 7:45 – 8:00 AM. Class time begins at 8:00 AM. Please remember that it is in your child's best interest not to stress tardiness. This creates feelings of apprehension and makes for an uncertain

beginning to the day. For this reason, we will begin our devotional and prayer time as soon as all students have arrived.

If, for some reason, I am not in the classroom or the gymnasium with the older children, please do not leave your child alone in the classroom.

For safety's sake, please do not leave your child unattended!

### **Sonshine Preschool Take-Home Note**

Each Friday you will receive the Sonshine Preschool take-home note. Please read through this as it will include the weekly activities for the Preschool.

### **Daily Schedule**

7:45 – 8:00	Arrival
7:45-8:30	Learning Centers
8:30-8:45	Clean Up Centers
8:45-9:15	Bible Lessons/Prayer/Praise
9:15 – 9:30	Carpet Time
9:30 – 9:45	Restroom/Wash-up
9:45– 10:15	Snack
10:15 – 10:40	Story/Music/Games
10:40– 11:00	Large Motor
11:00	Dismissal



Note: This is the schedule we will attempt to follow each day. We will, if necessary, make changes on some days.

### **Field Trips**

We will attempt to go on a few field trips during the year depending on schedule, weather, and transportation.

### **Guest Speakers**

We encourage you to feel free to come in and share with the class any hobby, interest, or talent you may have. We also welcome any suggestions you may have for guest speakers.

## **Parent Info Wall**

The parent wall is located on the left as you enter the classroom. This wall is your connection to our activities and special events. Please check this wall frequently. Information such as: Take Home Note, School Calendar, Missions Child (Allison), Daily Schedule, Field Trip Info, Special Days/Activities for the week of day. You don't want to miss out on anything your child may be participating in.

## **Departure**

Our daily sessions end at 11:00 a.m. At the conclusion of the session, please come to the classroom to pick up your child. If we are outside for recess please wait to pick up your child either in the classroom or gym. If we are at recess in the gym, please wait outside the gym doors.

## **Clothing**

Send your child to school in play clothes. Some activities may be messy and your child should be able to enjoy playing without worrying about clothes becoming dirty.

Send your child in clothing appropriate for the temperature of the day. (Hats, coats, sweaters, mittens, boots, etc.) Please mark outdoor clothing with your child's name. We will venture outside even in cold weather.

Provide an extra set of clothes (pants, shirt, underwear and socks) in a plastic bag labeled with your child's name. These will be kept at school in case a change of clothing is needed.

Because of the running, jumping, etc. that we will do, tennis shoes and socks should be worn to school each day.



## **Discipline**

Acceptable behavior is encouraged through positive verbalizations. We encourage children to verbalize with one another to resolve disputes and we will redirect and model expected behaviors. If necessary, children will be removed from the group for a time out period. This is a time where the child may calm down and remember what behavior we are asking for. If the behavior cannot be corrected by time outs, the child will be escorted to the office and the parents will be contacted. No child will be subjected to corporal punishment or verbal abuse.

## **Conferences**

Parent-Teacher conferences are held in February; however you may request a conference at any time. These conferences are very important to attend. Your child's over all development is important to us, please make

every effort to sign-up for a meeting. Please address any concerns to me via: school-875-2933; my cell-815-303-2019; my email-elishapollok@yahoo.com.

### **Special Holidays**

We do not participate in the PCA Christmas program and feel that low key celebrations best meet the needs of preschool children. We will, however, have a short open house presentation in October and a Christmas program in our own classroom.

### **Birthday/Star Student of the Day**

Each child will be chosen one day during the year to be the star student of the day. This day will be scheduled around the time of your child's birthday. Parents will receive a questionnaire to complete prior to their child's special day.

### **ABC Bag and Snack**

At each week we will introduce a letter of the alphabet. The children will take turns taking the ABC bag home and bringing it back with three items that begin with the letter we are introducing that day. On the day a child brings in the ABC bag, they will also provide snacks for the class.

We like to promote healthy snacks as much as possible. Below is a brief list of snacks acceptable to bring:

Apples/Dip	Bananas
Carrots/Dip	Pudding/Wafers
Crackers	Granola Bars



## Teacher Bio

### **Elisha Pollok**

I live in Dover with my husband, Marc, who is a teacher at Princeton High School. We have 2 daughters, Jordyn, 18, and Gracie, 13, a freshman at Princeton High School. We also have a son, Colby, a first grader at PCA.

I have been teaching preschool for 18 years total. This will be my 12<sup>th</sup> year teaching at PCA. I enjoy teaching preschoolers. They are a fun age group to work with.

### **Pam Friel**

I live in Tiskilwa with my family, my husband Cory and our daughter, Kaylyn, a 2nd grader at PCA. We attend Princeton Bible Church and I am active in various areas of the church body.

~ Every good gift and every perfect gift is from above. James 1:17 ~